

Strengths and Outcomes for Children in Foster Care

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System of Care (SOC) Program:

An individualized approach to foster home stabilization

- Community agencies provided funding to serve foster care agencies
- Individualized case identification and service planning. Strength-based focus.
- Outcomes focus for program management
- Findings from the first year support initial success of program

Assessment of Strengths

- Use Child and Adolescent Needs and Strengths (CANS-MH) as primary service planning and outcome monitoring tool.
- CANS used at program initiation and transition
- Outcomes include improved symptoms of SEBD and reduced risk behaviors

Prediction of Reduced Symptoms of SED

	B	SE	Beta	t	sig
Initial Problem Score	.304	.023	.284	13.06	.000
Initial Strength Score	-.252	.018	-.359	-14.30	.000
Change in Strengths	.327	.010	.782	33.28	.000
Constant	5.64	.027		20.87	.000

Individual Strength Predictors

- Enrollment
 - Community Inclusion
- Change
 - Family
 - Interpersonal
 - Educational
 - Spiritual/Religious
 - Talents/Interests

Prediction of Reduced Risk Behaviors

	B	SE	Beta	t	sig
Initial Problem Score	.318	.02	.368	15.4	.000
Initial Strength Score	-.145	.02	-.274	- 9.9	.000
Change in Strengths	.181	.01	.596	22.6	.000
Constant	3.12	.03		17.3	.000

Individual Strength Predictions of Risk Outcomes

- Enrollment
 - Community Inclusion
- Change
 - Family
 - Interpersonal
 - Educational
 - Spiritual/Religious
 - Talents/Interests

